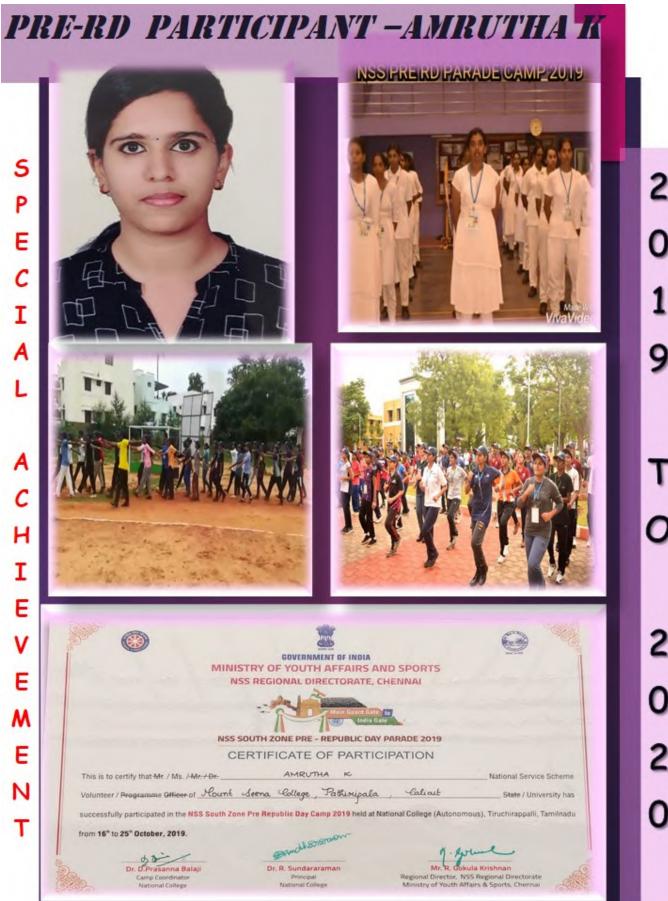
#### **OUR UNIQUENESS IN ACHIEVEMENT**

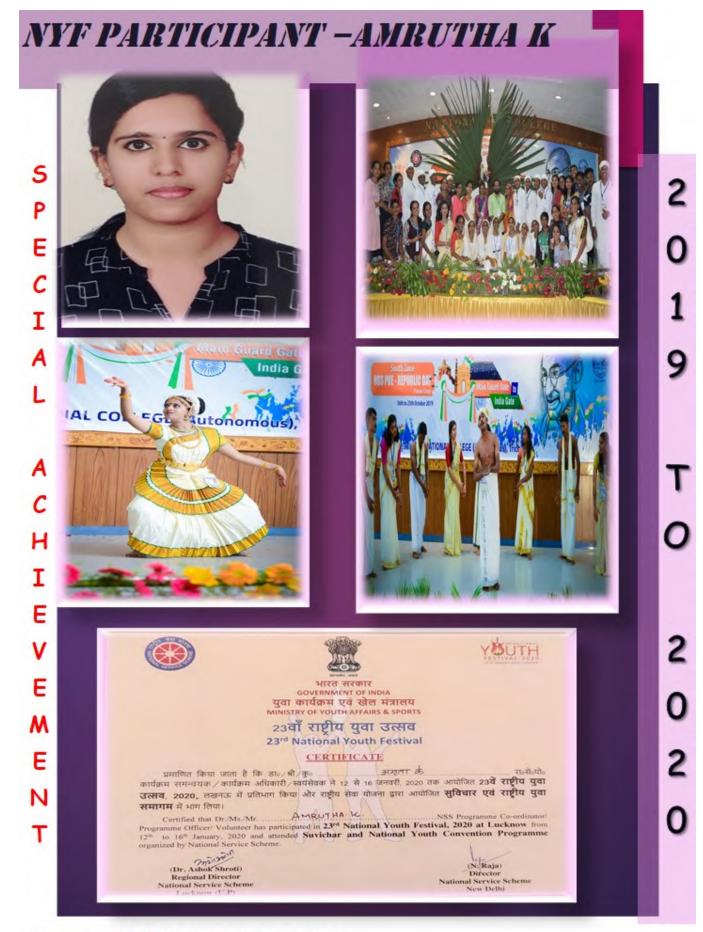
#### ✤ UNIT AND THE PROGRAMME OFFICER (FASIL M A)WON THE UNIVERSITY LEVEL AWARD 2020-2021

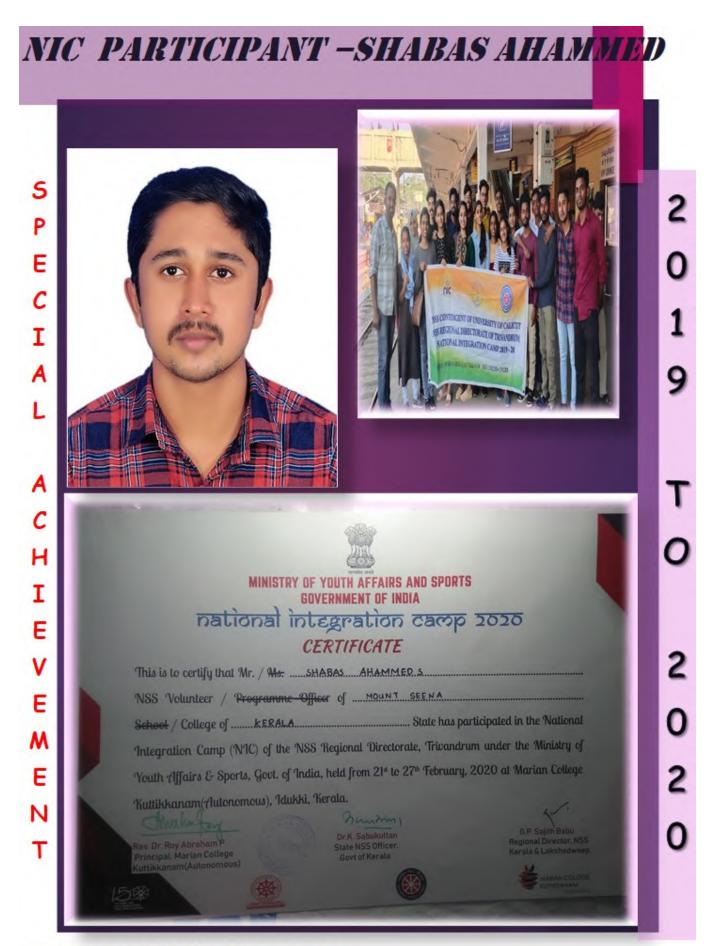
#### **◆** "THREE NATIONAL PARTICIPANTS IN THE YEAR 2019-2020"

- > ONE NATIONAL YOUTH FESTIVAL PARTICIPANT &
- > TWO NATIONAL INTEGRATION CAMP PARTICIPANTS
- ✤ "ONE PRE –RD CAMP PARTICIPANT (2019-2020)"
- ✤ "ONE NATIONAL RD PARADE PARTICIPANT (2018-2019)"
- ✤ "ONE UNIVERSITY LEVEL VOLUNTEER AWARD (2018-2019)"
- ✤ "FIRST UNIT TO CONDUCT THE NSS PALAKKAD YOUTH FESTIVAL"
- ✤ "UNIT HAS A STRONG CIVIL DEFENSE TEAM"
- ✤ "60% OF THE VOLUNTEERS REGISTERED UNDER SANNADDHASENA"











RD PARADE 2019 PARTICIPANT AND BEST NSS VOLUNTEER AWARD 2018-2019



ALEX A K (2017 ADMISSIONS) BSc. PHYSICS 2019 RD PARTICIPANT NEW DELHI & BEST NSS VOLUNTEER AWARD 2018-2019 UNIVERSITY OF CALICUT

### NSS UNIT NO.106

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#### **DETAILED WORKS AND ACHIEVEMENTS**

Listed below are the details and the photographs of the activities undertaken and the achievements secured by the unit during the year 2018-2019, 2019-2020 and 2020-21.

- 1. Special camp
- 2. Palliative programmes.
- 3. Awareness programmes
- 4. Blood donation camps
- 5. Green campus clean campus programmes
- 6. Abhayam -home for homeless
- 7. Orientation programmes.
- 8. Training programmes
- 9. NSS youth festival
- 10. Lock down activities.

#### MAJOR ACHIEVEMENTS AND HIGHLIGHTS OF THE ACTIVITIES OF THE UNIT.

- Conducted 1<sup>st</sup> district level NSS Youth festival, KELI –I in 2018 hosted by our unit no.106 in our college with 22 colleges and 31 NSS Units participating in Palakkad district. Assistant collector of Palakkad honored the unit for the same in 2019.
- Representing NSS, Master ALEX A K of our unit participated in the National Republic day parade in 2019 held at New Delhi.
- ALEX A K of our unit received best volunteer award in university level in 2019.
- *Kum.AMRUTHA* K of our unit participated in South zone NSS Pre- Republic Day Parade Camp 2019 at National College, Tiruchirappalli and she was also a *participant of 23rd National Youth Festival 2020* at Indira Gandhi Prathasthan, Luck now, Uttar Pradesh"
- *Master SHABAS AHAMMED S and Kum. SANDRA R of our unit* participated in the *National Integration Camp 2020* held at Marian college Kuttikkanam.
- *Maximum volunteer participation* in *KELI –II* held at MES Kalladi College, Mannarkkad and in district level orientation and games conducted by mercy college Palakkad.
- Completed the Abhayam home project -630 Sq. Feet building on 26.12.2020.
- Maintain a green campus with the effort of volunteers
- Volunteers and PO Participated in all kinds of workshops conducted by university NSS Department.
- Every year visits karunya old age home, Palakkad as part palliative activity and spreads happiness to them by different cultural programmes organized by the volunteers.
- Our unit is a regular visitor of karunya bhavanam –Pathiripala, home for mentally retarded as part of regular activity.
- Our unit gives full support and care to the patients of **marhama palliative care**, Pazhaya Lakkidi; our unit donated a water bed to a patient in marhama palliative care in 2017.
- **Pratheeksha charitable trust** is for people with aids and for their relatives. Our unit provides financial support every year and provides one day meal to all of them in that trust.
- A volunteer counter is working in the campus for providing help and the free refreshment to the candidates who are coming to write the PSC examinations and other examinations during summer season.
- Awareness classes are conducted in the campus by the unit on various social issues like drug abuse, sexual abuse, narcotics, health, aids.etc... by various govt. departments like health, excise, police, fire and rescue.
- A demonstration training was conducted by disaster management team and fire rescue

department in the campus.

- Five of our unit volunteers undergone fire & rescue training in shoranur fire station.
- These volunteers are still very active in **disinfecting the public places and vehicles, setting** *first line treatment centers etc.*
- *Masks were made by the volunteers from our unit during lock don time* and handed over to SP Palakkad through Palakkad district coordinator.
- Unit ensures the presence of positive speaker in connection with aids awareness to make the students to aware very much about the disease.
- Actively participated in the district level skit competition "nellikka" conducted by Mercy College and won third prize. Also won various prizes in the associated games conducted by the team.
- All important days were observed by the unit with utmost spirit during the last three years.
- The NSS Unit No. 106 and its volunteers played a key role in helping and rehabilitating the affected people from the flood in 2018 and 2019. The unit collected essential items, sanitary items, clothes etc. to the affected people and handed over to the rehabilitation Centre at vadakkenchery and to the collection centre, mercy college Palakkad in 2019. Also items were transferred to wayanad and nilambur through NSS District coordination committee.
- In connection with flood rehabilitation activity, our volunteers cleaned the different houses, removed mud and helped the affected people in sundaram colony Palakkad.
- Conducts **unit level blood donation camp every year** in association with blood bank, Palakkad and RRC in the college and people from outside also participates in it.
- A mega nature camp was conducted by the unit in 2019 January 3 to 6 in association with chakravalam eco centre, kakkadampoyil, Malappuram.
- Master SHABAS AHAMMED S has completed the passing out parade of the Civil Defense Force under Govt. of Kerala.
- Well-disciplined and systematic NSS unit (106) is maintained by the college with all office documents executing various activities under the guidelines of MHRD.